



**PUPIL DILATION**  
(use of drops to make the pupil larger)

Dilation is recognized as the best way to thoroughly examine the interior of the eye. Dilation allows the doctor to examine the peripheral retina for detachments, holes, tumors, leaking blood vessels, and other retinal problems which may not be seen through an undilated pupil. **Dilation is recommended for all of our patients;** but it is especially important for those:

- over 40 years of age
- with high prescriptions
- with history of head or eye injuries
- with diabetes, hypertension or heart disease
- where the exam findings are suspicious for cataracts, glaucoma or other eye problems.

The process of dilation is painless and the effects last from 3 to 5 hours. The most common side effects are increased glare and reduced near focusing ability. Reversal drops are available that eliminate these effects in about 1 hour. Distance vision is usually not significantly affected, so you should be able to drive right away. If you do not have sunglasses with you, they will be provided. (If you need them - please ask.)

Because of the additional time and materials required by this procedure, there is a \$15.00\* additional charge for dilation.

I understand the importance of pupillary dilation in a COMPLETE eye examination.

\_\_\_\_\_ I do \_\_\_\_\_ do not give my permission for drops to be instilled in my eyes to dilate them.

Signed \_\_\_\_\_ Date \_\_\_\_\_